



# November 2023

\*We SERVE AT LEAST ONE WHEAT OR WHOLE GRAIN SERVING PER DAY\*

All Breakfasts and Lunches are served w/milk and snacks are served w/water

Monday	Tuesday	Wednesday	Thursday	Friday
		<p><b>1</b> <b>Breakfast</b> Waffles, Applesauce</p> <p><b>Lunch</b> Turkey &amp; Cheese Wrap, Carrots, Pears</p> <p><b>Snack</b> Graham Crackers, Oranges</p>	<p><b>2</b> <b>Breakfast</b> Cereal, Pears</p> <p><b>Lunch</b> Hot Dog, Bun, Melon, Corn</p> <p><b>Snack</b> Cheese Crackers, Cucumbers</p>	<p><b>3</b> <b>Breakfast</b> Bagel W/ CC, Peaches</p> <p><b>Lunch</b> English Muffin Pizza, Peas, Mixed Fruit</p> <p><b>Snack</b> Whale Crackers, Cheese Stick</p>
<p><b>6</b> <b>Breakfast</b> Cereal, Pineapple</p> <p><b>Lunch</b> Ham &amp; Cheese, Green Beans, Mixed Fruit</p> <p><b>Snack</b> Goldfish, Cucumbers</p>	<p><b>7</b> <b>Breakfast</b> FT Sticks, Applesauce</p> <p><b>Lunch</b> Chx Nuggets, Bread, Corn, Peaches</p> <p><b>Snack</b> Buttery Rounds, Apples</p>	<p><b>8</b> <b>Breakfast</b> Cereal, Bananas</p> <p><b>Lunch</b> Chop Suey, Carrots, Oranges</p> <p><b>Snack</b> Wafers, Cheese Stick</p>	<p><b>9</b> <b>Breakfast</b> Yogurt, Granola, Pears</p> <p><b>Lunch</b> Pancakes, Sausage, Applesauce</p> <p><b>Snack</b> Cheese Its, Melon</p>	<p><b>10</b> <b>Breakfast</b> Cereal, Oranges</p> <p><b>Lunch</b> Grilled Cheese, Mixed Veggies, Mixed Fruit</p> <p><b>Snack</b> Teddy Grahams, Oranges</p>
<p><b>13</b> <b>Breakfast</b> Cereal, Pineapple</p> <p><b>Lunch</b> Pasta w/ Meatballs, Peas, Peaches</p> <p><b>Snack</b> Cheese Crackers, Melon</p>	<p><b>14</b> <b>Breakfast</b> FT Sticks, Oranges</p> <p><b>Lunch</b> Hot Dog, Bun, Broccoli, Mixed Fruit</p> <p><b>Snack</b> Whale Crackers, Apples</p>	<p><b>15</b> <b>Breakfast</b> Yogurt, Granola, Bananas</p> <p><b>Lunch</b> Turkey &amp; Cheese Wraps, Carrots, Mixed Fruit</p> <p><b>Snack</b> Graham Crackers, Oranges</p>	<p><b>16</b> <b>Breakfast</b> Cereal, Peaches</p> <p><b>Lunch</b> Ckn &amp; Rice, Corn, Pears</p> <p><b>Snack</b> Wafers, Cheese Stick</p>	<p><b>17</b> <b>Breakfast</b> Pancakes, Applesauce</p> <p><b>Lunch</b> English Muffin Pizza, Mixed Veggie, Melon</p> <p><b>Snack</b> Animal Crackers, Cucumbers</p>
<p><b>20</b> <b>Breakfast</b> Cereal, Peaches</p> <p><b>Lunch</b> Grilled Cheese, Corn, Pineapple</p> <p><b>Snack</b> Buttery Rounds, Cheese Stick</p>	<p><b>21</b> <b>Breakfast</b> Waffles, Pears</p> <p><b>Lunch</b> Chx Nuggets, Bread, Green Beans, Melon</p> <p><b>Snack</b> Cheese Crackers, Apples</p>	<p><b>22</b> <b>CLOSED</b></p>	<p><b>23</b> <b>Closed</b> <b>Happy</b> <b>Thanksgiving</b></p>	<p><b>24</b> <b>CLOSED</b></p>
<p><b>27</b> <b>Breakfast</b> Cereal, Peaches</p> <p><b>Lunch</b> Turkey &amp; Cheese Wrap, Green Beans, Pears</p> <p><b>Snack</b> Graham Crackers, Apples</p>	<p><b>28</b> <b>Breakfast</b> FT Sticks, Bananas</p> <p><b>Lunch</b> Mac &amp; Cheese, Broccoli, Mixed Fruit</p> <p><b>Snack</b> Whale Crackers, Oranges</p>	<p><b>29</b> <b>Breakfast</b> Yogurt, Granola, Peaches</p> <p><b>Lunch</b> Chs &amp; Beef Quesadilla, Corn, Pineapple</p> <p><b>Snack</b> Buttery Rounds, Cheese Sticks</p>	<p><b>30</b> <b>Breakfast</b> Cereal, Oranges</p> <p><b>Lunch</b> Hot Dogs, Peas, Pears</p> <p><b>Snack</b> Animal Crackers, Cucumbers</p>	<p><b>1</b> <b>Breakfast</b> Pancakes, Applesauce</p> <p><b>Lunch</b> Chicken Nuggets, Mixed Fruit, Mixed Veggies</p> <p><b>Snack</b> Cheese Crackers, Melon</p>

• Menu is subject to change

\*This intuition is an equal opportunity provider.